



How to Use a Castor Oil Eye Compress for Seasonal Allergies

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You may have heard of using Castor Oil Packs for Liver as a natural way to support colon cleansing, liver detox and lymphatic drainage, right?

But, have you considered a Castor Oil Eye Compress as a way to relieve itchy eyes from seasonal allergies? You're in the right place.

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You see, a Castor Oil Eye Compress helps relieve itchy eyes from seasonal allergies due, in part, to the Castor Oil's natural antihistamine properties' natural anti-inflammatory effects¹.

The other part? It's the gentle compression.

Because the Eye Compress functions much like a weighted, warm blanket helping with promoting oxytocin² and dopamine³, bringing calm and relaxation.

Sounds wonderful, agreed?

Plus, this simple act of wearing a Queen of the Thrones® Castor Oil Eye Compress stimulates reflex zones on your face around the eyes which directly influences certain detox organs, according to Traditional Chinese Medicine.

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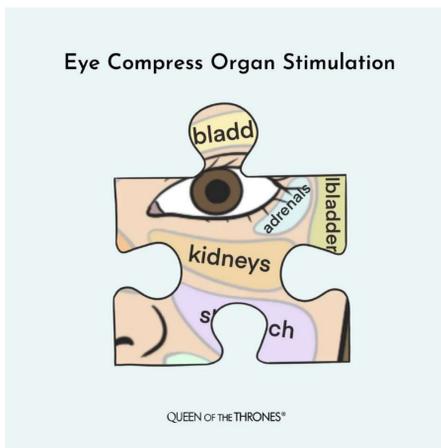
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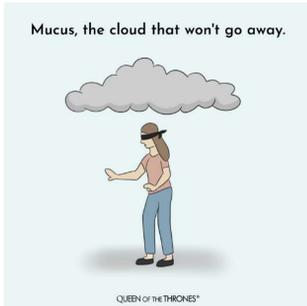


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So, as soon as you start wearing the Eye Compress you will begin to feel relief from irritated, red, itchy or swollen eyes thanks to seasonal allergies.

Now, you might be wondering...

But how do I know it's seasonal allergies?



You're not the only one suffering!

Seasonal allergies are actually quite common. You probably will see others around with similar symptoms of allergic conjunctivitis. Sound familiar?

With symptoms most commonly experienced in spring and fall, then calming down in the summer.

You see, allergic conjunctivitis, from seasonal allergies, affects the gentle mucous membranes of the eyes and can present with these common and aggravating symptoms:

- Itchy
- Red
- Watery
- Inflamed
- Sore
- Tired eyes!

It can feel like you're walking around with a blindfold on with a dark cloud following you every move, agreed?

These symptoms are triggered by the immune system that releases histamine-containing mast cells which help your body in expelling those invading allergens.

So, much unlike a stye in your eye or pink eye, allergic conjunctivitis usually affects both eyes and looks and feels much like you've been chopping up potent onions all day! Can you relate?

In seasonal allergies, this life-disrupting and usually extremely uncomfortable set of symptoms of the eyes persists all day and night.

This means you can't focus during the day and of course, you then can't sleep at night.

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How a Castor Oil Eye Compress helps improve seasonal allergies

By applying a Queen of the Thrones® Castor Oil Pack for Liver with a Castor Oil Eye Compress you are supporting and regulating inflammation of the liver⁴, while addressing those acute and painful eye symptoms!

You see, the eyes are the window into the liver.

And in Chinese medicine, the liver opens up into the eyes.

So, when there is heat or inflammation in the liver due to the effects of seasonal allergies the eyes will become sore, red and inflamed as a result.

Making not only your eyes that you are feeling in seasonal allergies, but inflammation of the liver too!

Although, it makes sense that our most pressing and disrupting symptoms is where we first look for natural solutions, agreed

And in seasonal allergies, it's the solution for immediate eye relief that we so desperately seek!

But, allergy symptoms are simply just "love letters" from your body!

Warning us of inflammation and an excess of histamine being produced in response to an extreme amount of allergens that are too much for your body, specifically your liver and immune system to handle.

How Castor Oil Packs help to promote restful sleep

Additional to wearing a Queen of the Thrones® Castor Oil Pack for Liver so you can support:

- Regulating inflammation
- Liver detoxification
- Lymphatic drainage
- Colon cleanse

Your itchy eyes will get relief from seasonal allergies while also wearing the Queen of the Thrones® Castor Oil Eye Compress which supports:

- Lymphatic drainage⁵
- Natural anti-inflammatory effects⁶
- Natural antihistamine properties⁷

by:

A. Improving sleep – without the need for taking over-the-counter allergy pills that end up with you waking feeling groggy and tired

B. Shifting the body into a relaxed, parasympathetic^{11,12} state of rest & digest

So that you wake up with relief from seasonal allergy symptoms, and feeling better!

Would you love to know more? Click here for your free eGuide so you can know all there is to know about Castor Oil Compresses

The best part? You'll get the full image below and much more. Amazing, right?

You'll also know how to use your Castor Oil Eye Compress as your new sleep-aid to help improve your sleep and wake up feeling rested and ready for your day!

But wait, there's more!

Are you someone who also struggles with constant eye styes? Or maybe your patients do, right?

Are you curious to know what causes a stye, and are wondering if a Queen of the Thrones® Castor Oil Eye Compress can be used to help shorten the lifespan of your stye?

Good news, my next blog on 'Castor Oil For Styes in the Eyes' has even more answers to your questions!

[TAKE ME TO THE STYE BLOG!](#)

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- Recommending our easy-to-use tools to the people you serve.
- Practically applying them in your health and wellness professional practice in clinic or online.
- Or becoming a Wholesale Partner

Contact us at: royalty@queenofthrones.com

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